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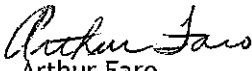

A G E N D A
SEQUOIA HEALTHCARE DISTRICT
BOARD OF DIRECTORS MEETING
4:30, Wednesday, June 1, 2016
Conference Room, 525 Veterans Boulevard, Redwood City, CA 94063

1. Call To Order And Roll Call
2. Public Comment On Non-Agenda Items*
- ACTION 3. Consent Calendar - President Faro
 - a. Approve April 6, 2016 Regular Meeting Minutes
 - b. Approve May 11, 2016 Special Meeting Minutes
 - c. Accept March And April 2016 Financial Statements
4. CEO/Staff Reports
 - a. CEO Report - Mr. Michelson
 - b. Healthy Schools - Ms. Kurtzman
 - c. HeartSafe - Mr. Nielsen
- ACTION 5. New Business
 - a. Consider Adoption Of Resolution 16-1 Determining Date And Adopting Provisions For The 2016 Sequoia Healthcare District General Election - Mr. Hudak
 - b. Update Report on San Mateo Medical Center Projects: Ron Robinson Clinic in South County and Transition to Home Project - Dr. Chester Kunnappilly
 - c. Presentation: The Magical Bridge Playground - Ms. Jill Asher and Chris Beth
 - ACTION d. Consider Adoption Of Proposed Budget For Fiscal Year Ending June 30, 2017 - Mr. Michelson
 - ACTION e. Director Requests For Future Agenda Items Per Board Policy 8.3 - President Faro
- ACTION 6. Adjourn to Closed Session For The Purposes Of:
 - a. CONFERENCE WITH LEGAL COUNSEL - ANTICIPATED LITIGATION
Consideration of initiation of litigation pursuant to Government Code Section 54956.9(d)(4) - One potential case
 - b. Under Government Code Sections 54957 and 54957.6 for the following purposes:
PUBLIC EMPLOYEE PERFORMANCE EVALUATION (54957)
Title: Chief Executive Officer of Sequoia Healthcare District
CONFERENCE WITH LABOR NEGOTIATOR (54957.6)
Agency Designated Representative: Arthur Faro, Board President & Kathleen Kane, Vice President
Unrepresented Employee: Chief Executive Officer, Sequoia Healthcare District

Continued

ACTION 7. Reconvene To Open Session: Announce Any Reportable Actions Taken In Closed Session

ACTION 8. Adjourn.
The Next Regular Meeting Of The Board Of Directors Of Sequoia Healthcare District Is Scheduled For 4:30 PM, Wednesday, October 5, 2016, District Conference Room, 525 Veterans Blvd., Redwood City, CA 94063


Arthur Faro
Board President 

*Public comment will be taken for each agenda item prior to the board's consideration on that item.

Any writings or documents provided to a majority of the Board of Directors regarding any item on this agenda will be made available for public inspection at the District office, 525 Veterans Blvd., Redwood City, CA, during normal business hours. Please telephone 650-421-2155 to arrange an appointment.

If you are an individual with a disability and need an accommodation to participate in this meeting, please contact Sequoia Healthcare District at least 48-hours in advance at 650-421-2155.

MINUTES OF REGULAR MEETING
BOARD OF DIRECTORS
SEQUOIA HEALTHCARE DISTRICT
April 6, 2016
Conference Room, 525 Veterans Boulevard
Redwood City, CA 94063

DRAFT

| <u>Directors Present</u> | <u>Directors Absent</u> | <u>Also Present</u> |
|--|-------------------------|---|
| Director Faro Director Griffin Director Hickey Director Shefren | Director Kane | Mr. Michelson, CEO Mr. Hudak, Legal Counsel Ms. Johnson, Recorder |

1. Call to Order

By: President Faro
Time: 4:30pm

2. Public Comment/Non-Agenda Items

President Faro asked if there was any public comment on non-agenda items. There was none.

3.a. - 3.b. Consent Calendar

Motion: To approve the Consent Calendar.
By: Director Shefren
Seconded by: Director Griffin
Vote: 3-0-0-1
Motion Passed

4.CEO/Staff Reports

Mr. Michelson reported that Beach Cities Health Care District has nominated us for ACHD's District of the Year. An announcement of the winner will be made at ACHD's annual meeting in May.

Mission Hospice reported that Hospice House is now at capacity using 7 of the 10 available beds for hospice care with 3 of the original residents continuing to live there.

A tour of the Ron Robinson Senior Center has been scheduled for April 8.

Healthy Schools and PE+: There were no questions on Ms. Kurtzman's report.

HeartSafe: Mr. Nielsen announced that more than 650 individuals have received training over the last two months and there were two more lives saved by District AEDs.

5.a. Grant Request From Peninsula Family Service For Sequoia 70 Project in the Amount of \$813,000 for FY2016-17 and \$731,000 for FY2017-18

Mr. Michelson stated that the Sequoia 70 project, initiated by the District partnering with Peninsula Family Service, meets several of the goals outlined in our Strategic Plan in that the District acted as the catalyst to bring this new program to the community; the District

challenged itself and its partners to be innovative; the District focused on vulnerable populations; and this program was developed to meet the needs of our community.

Motion: To approve a grant to Peninsula Family Service for the Sequoia 70 project of \$813,000 for FY2016-17 and \$731,000 for FY2017-18.

By: Director Shefren

Seconded by: Director Griffin

Vote: 3-1-0-1 with Director Hickey opposed

Motion Passed

DRAFT

Mr. Croce and members of the program's Advisory Committee thanked the Board for their support and stated they look forward to the start of this exciting project.

5.b. Consider Increasing the Amount Available for the Community Grants Program by \$500,000

Mr. Michelson reported that the Grants Committee is meeting next week to consider grant proposals from 47 applicants totaling \$2.9 million. Last year the District's tax revenue was budgeted to increase by 4% but the actual increase may be closer to 11%. Mr. Michelson asked the Board consider increasing the amount for Community Grants to \$2.1 million which would be in keeping with their mandate to use 100 percent of tax dollars collected each year on community health problems.

Motion: To approve the request as presented.

By: Director Shefren

Seconded by: President Faro

Vote: 3-1-0-1 with Director Hickey opposed.

Motion Passed

5.c. Consider Cancellation of the August 3rd Board Meeting

President Faro suggested the August 3rd meeting be cancelled due to difficulties in obtaining a quorum and a special meeting be set for May 11.

Motion: To approve cancelling the August 3rd meeting and scheduling a special meeting for May 11.

By: Director Shefren

Seconded by: President Faro

Vote: 3-1-0-1 with Director Hickey opposed.

Motion Passed

5.d. Discussion on Future Support of San Francisco State Nursing Program

President Faro reported that he, Director Griffin and Mr. Michelson recently met to discuss the program with representatives of SF State who indicated that despite their fundraising efforts, they will still require assistance from the District to insure that the cohort beginning in the fall will be able to complete the two year course.

Directors were of the opinion that even though this has been an exceptional program, SFSU was put on notice two years ago that the District would be winding down the funding for this program. The District's commitments over the past 10 years will total close to \$12 million and the Board needs to move on to see what community programs and projects fit more within the District's current mission.

This matter may be on the agenda for the May 11th meeting as an action item.

5.e. Director Requests for Future Agenda Items

President Faro asked if any Director had an agenda item request. There were none.

6. Adjourn to Closed Session

Adjourn to Closed Session For The Purpose Of Conference with Legal Counsel - Anticipated Litigation Government Code Government Code §54956.9(a)

7. Reconvene to Open Session

Reconvene to Open Session. There was no reportable action taken in closed session.

8. Adjourn

Motion: At 5:50 PM adjourn meeting.

By: President Faro

Seconded by: Director Griffin

All in favor

Motion Passed

A Special Meeting of the Board is scheduled for 4:30, Wednesday, May 11, 2016 to review the Community Grants requests and other topics including an end of school year report on the Healthy School Initiative.

The next regular meeting of the Board of Directors of Sequoia Healthcare District is scheduled for 4:30 PM, Wednesday, June 1, 2016, District Conference Room, 525 Veterans Blvd., Redwood City, CA.

Respectfully Submitted,

Kim Griffin
Secretary

**MINUTES OF SPECIAL MEETING
BOARD OF DIRECTORS
SEQUOIA HEALTHCARE DISTRICT
May 11, 2016
Conference Room, 525 Veterans Boulevard
Redwood City, CA 94063**

DRAFT

| <u>Directors Present</u> | <u>Directors Absent</u> | <u>Also Present</u> |
|---|-------------------------|---|
| Director Faro Director Griffin Director Hickey Director Kane Director Shefren | | Mr. Michelson, CEO Mr. Hudak, Legal Counsel Ms. Johnson, Recorder |

1. Call to Order

By: President Faro
Time: 5:30pm

2. Public Comment/Non-Agenda Items

President Faro asked if there was any public comment on non-agenda items. There was none.

President Faro announced that public comment will be taken on each agenda item.

3.a. Consider Grant Request From San Mateo County Oral Health Coalition For \$50,000 a Year for Fiscal Years 2016-17 and 2016-18

Mr. Michelson explained that the Coalition was formed 20 years ago by the Board of Supervisors. It has been meeting quarterly and recently completed a countywide strategic plan to identify dental needs within our community. The Coalition membership is voluntary and in order to move forward to improve access to dental care and promote disease prevention, a Director and Program Manager need to be hired. A budget of \$400,000 has been established annually to pay for salaries and some administrative expense. \$160,000 of the \$400,000 can be raised through a federal match program and the remaining \$240,000 must be raised separately. Several members of the Coalition membership are being asked to contribute \$50,000 annually for the next two years.

Motion: To approve a \$50,000 grant for two years contingent upon all other parties fully funding their responsibilities and that reports on how grant monies are used and how progress of the plan is implemented are provided to the Board.

By: Director Shefren

Seconded by: Director Griffin

Vote: 4-1 Director Hickey opposed

Motion Passed

3.b. Request to Approve Healthy Schools Initiative Budget for 2016-2017 of up to \$3.5 Million

Ms. Kurtzman highlighted the accomplishments of the Healthy Schools program as well as goals for the upcoming fiscal year.

Ms. Kurtzman noted that the current budget request of \$3,496,490 is \$250,362 over last year but still at 32% of the District's tax revenue. Nearly 65% of the total HSI budget is allocated to school districts to support key wellness staff and programs. Under

consideration are funding for additional school nurses, a wellness coordinator and new grant programs. And as PE+ continues to grow so does the community commitment at \$725,000.

Motion: To approve Healthy Schools Initiative budget for 2016-2017 of \$3,496,490 million with the caveat that a strategic plan process be developed over the next six months for future years.

By: Director Shefren

Seconded by: Director Kane

Vote: 4-1 with Director Hickey opposed

Motion Passed

DRAFT

**3.c. Community Grants Program: Approve Programs Recommended
For Funding 2016/2017**

President Faro asked if any Board member is currently involved with any of the non-profit organizations being considered for grants. All Directors replied in the negative.

Public comment was taken from several members of the audience representing non-profit organizations. They spoke to the importance of the programs they were able to offer due to the Community Grants Program and thanked the Board for its support.

Ms. Kurtzman thanked the members of the Grants Committee for their hard work in reviewing 59 letters of intent. The majority of funding for this round of grants is for preventive health services to District residents. The Committee is requesting funding for 41 agencies totaling \$2.1 million. Nine of the agencies are new grantees.

Motion: To table this item until more information on the applicants was provided to the Board.

By: Director Hickey

Seconded by: None

Motion: To approve \$2.1 million to the 41 non-profit agencies recommended by the Grants Review Committee.

By: Director Kane

Seconded by: Director Griffin

Vote: 4-1 with Director Hickey opposed

Motion Passed

5. Adjourn

Motion: At 6:35 adjourn meeting.

By: President Faro

Seconded by: Director Griffin

Vote: 5-0

Motion Passed

The next regular meeting of the Board of Directors of Sequoia Healthcare District is scheduled for 4:30 PM, Wednesday, June 1, 2016, District Conference Room, 525 Veterans Blvd., Redwood City, CA.

Respectfully Submitted,

Kim Griffin
Secretary

SEQUOIA HEALTHCARE DISTRICT
Balance Sheet

Agenda Item No. 3.c
Board of Directors Meeting
6/1/16

| | July | August | September | October | November | December | January | February | March | April | May | June |
|---|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|-----|------|
| ASSETS | | | | | | | | | | | | |
| Current Assets | | | | | | | | | | | | |
| Cash (WF-MMA) | \$ 4,002,935.68 | \$ 3,013,356.17 | \$ 2,363,719.68 | \$ 2,164,010.97 | \$ 1,764,241.61 | \$ 5,724,629.13 | \$ 5,475,347.14 | \$ 3,975,962.73 | \$ 3,676,463.12 | \$ 6,817,084.17 | | |
| Cash (WF) | 101,745.13 | 129,000.08 | 183,730.79 | 534,534.44 | 510,483.49 | 997,282.37 | 819,172.39 | 224,231.84 | 217,089.19 | 109,700.71 | | |
| Cash from Investments | 1,199,310.70 | 1,199,310.70 | 1,199,310.70 | 1,199,310.70 | 1,199,310.70 | 1,199,310.70 | 1,199,309.70 | 1,199,309.70 | 1,199,309.70 | 1,199,309.70 | | |
| Cash Equivalents | 9,055,146.51 | 9,057,465.51 | 9,090,408.51 | 9,088,109.51 | 9,090,459.51 | 9,082,247.51 | 9,135,293.51 | 9,148,167.51 | 9,182,713.51 | 9,195,935.51 | | |
| Total Current Assets | 14,359,138.02 | 13,399,132.46 | 12,837,169.68 | 12,985,965.62 | 12,564,495.31 | 17,003,469.71 | 16,629,122.74 | 14,547,671.78 | 14,275,575.52 | 17,322,030.09 | | |
| Other Assets | | | | | | | | | | | | |
| Prepaid Expenses | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | |
| Property, Plant & Equipment | | | | | | | | | | | | |
| Land | 138,927.00 | 138,927.00 | 138,927.00 | 138,927.00 | 138,927.00 | 138,927.00 | 138,927.00 | 138,927.00 | 138,927.00 | 138,927.00 | | |
| Land Improvements | 144,158.05 | 144,158.05 | 144,158.05 | 144,158.05 | 144,158.05 | 144,158.05 | 144,158.05 | 144,158.05 | 144,158.05 | 144,158.05 | | |
| Buildings | 1,249,382.30 | 1,249,382.30 | 1,249,382.30 | 1,249,382.30 | 1,249,382.30 | 1,249,382.30 | 1,249,382.30 | 1,249,382.30 | 1,249,382.30 | 1,249,382.30 | | |
| Building Improvements | 527,129.57 | 527,129.57 | 527,129.57 | 527,129.57 | 527,129.57 | 527,129.57 | 527,129.57 | 527,129.57 | 527,129.57 | 527,129.57 | | |
| Tenant Improvements | 215,113.29 | 215,113.29 | 215,113.29 | 215,113.29 | 215,113.29 | 215,113.29 | 215,113.29 | 215,113.29 | 215,113.29 | 215,113.29 | | |
| Improvements-Classroom | 85,690.44 | 85,690.44 | 85,690.44 | 83,410.44 | 83,410.44 | 83,410.44 | 83,410.44 | 83,410.44 | 83,410.44 | 83,410.44 | | |
| Equipment | 68,615.18 | 68,615.18 | 68,615.18 | 68,615.18 | 68,615.18 | 68,615.18 | 68,615.18 | 68,615.18 | 68,615.18 | 68,615.18 | | |
| Furniture | 28,259.91 | 28,259.91 | 28,259.91 | 28,259.91 | 28,259.91 | 28,259.91 | 28,259.91 | 28,259.91 | 28,259.91 | 28,259.91 | | |
| Accumulated Depreciation | (1,735,856.21) | (1,742,796.54) | (1,749,736.87) | (1,756,677.20) | (1,763,617.53) | (1,770,557.86) | (1,777,498.19) | (1,784,438.52) | (1,791,378.85) | (1,798,319.18) | | |
| Net Property/Plant/Equipment | 721,419.53 | 714,479.20 | 707,538.87 | 698,318.54 | 691,378.21 | 684,437.88 | 677,497.55 | 670,557.22 | 663,616.89 | 656,676.56 | | |
| Total Assets | 15,080,557.55 | 14,113,611.66 | 13,544,708.55 | 13,684,284.16 | 13,255,873.52 | 17,687,907.59 | 17,306,620.29 | 15,218,229.00 | 14,939,192.41 | 17,978,706.65 | | |
| LIABILITIES & FUND BALANCE | | | | | | | | | | | | |
| Current Liabilities | | | | | | | | | | | | |
| Accounts Payable | 4,350.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | |
| Deposit Payable | 3,165.00 | 3,165.00 | 3,165.00 | 3,165.00 | 3,165.00 | 3,165.00 | 3,165.00 | 3,165.00 | 3,165.00 | 3,165.00 | | |
| Grants Payable | 1,112,837.40 | 812,500.00 | 800,000.00 | 800,000.00 | 800,000.00 | 800,000.00 | 82,500.00 | 62,500.00 | 0.00 | 0.00 | | |
| Total Current Liabilities | 1,120,352.40 | 815,665.00 | 803,165.00 | 803,165.00 | 803,165.00 | 803,165.00 | 85,665.00 | 65,665.00 | 3,165.00 | 3,165.00 | | |
| Fund Balances | | | | | | | | | | | | |
| Invested in Capital Assets | 725,194.42 | 725,194.42 | 725,194.42 | 725,194.42 | 725,194.42 | 725,194.42 | 725,194.42 | 725,194.42 | 725,194.42 | 725,194.42 | | |
| Fund Balance | 13,927,676.42 | 13,927,676.42 | 13,927,676.42 | 13,927,676.42 | 13,927,676.42 | 13,927,676.42 | 13,927,676.42 | 13,927,676.42 | 13,927,676.42 | 13,927,676.42 | | |
| Net Surplus/Loss | (692,665.69) | (1,354,924.18) | (1,911,327.29) | (1,771,751.68) | (2,200,162.32) | 2,231,871.75 | 2,568,084.46 | 530,727.17 | 283,156.58 | 3,322,670.82 | | |
| Total Fund Balance | 13,960,205.15 | 13,297,946.66 | 12,741,543.55 | 12,881,119.16 | 12,452,708.52 | 16,884,742.59 | 17,220,955.30 | 15,183,598.01 | 14,936,027.42 | 17,975,541.66 | | |
| Total Liabilities & Fund Balance | 15,080,557.55 | 14,113,611.66 | 13,544,708.55 | 13,684,284.16 | 13,255,873.52 | 17,687,907.59 | 17,306,620.30 | 15,249,263.01 | 14,939,192.42 | 17,978,706.66 | | |

SEQUOIA HEALTHCARE DISTRICT
Income Statements

Agenda Item No.3.b
Board of Directors Meeting
6/1/16

| | July | August | September | October | November | December | January | February | March | April | May | June | Year to Date | Budget 15-16 |
|---------------------------------------|------------------|------------------|------------------|-------------------|-------------------|---------------------|-------------------|------------------|------------------|---------------------|-------------|-------------|----------------------|----------------------|
| INCOME | | | | | | | | | | | | | | |
| Rental Income | 3,703.45 | 3,850.34 | 3,850.34 | 3,850.34 | 3,850.34 | 3,850.34 | 3,850.34 | 3,850.34 | 3,850.34 | 3,850.34 | | | 38,356.51 | 46,200.00 |
| Tax Revenue | 26,441.11 | 17,721.07 | 0.00 | 483,304.46 | 483,056.61 | 4,807,771.44 | 718,281.23 | 0.00 | 15,930.66 | 3,299,963.89 | | | 9,852,470.47 | 10,100,000.00 |
| Investment Income | 14,747.00 | 2,319.00 | 33,306.51 | (2,299.00) | 2,350.00 | (8,212.00) | 53,046.00 | 12,874.00 | 34,546.00 | 13,222.00 | | | 155,899.51 | 150,000.00 |
| Interest Income | 609.78 | 423.59 | 364.64 | 293.07 | 236.52 | 400.55 | 725.16 | 622.22 | 505.15 | 627.55 | | | 4,808.23 | 7,700.00 |
| Pension Income | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 2,600,000.00 | 0.00 | 0.00 | 0.00 | 0.00 | | | 2,600,000.00 | 2,600,000.00 |
| ROI-Sequoia Hospital EBIDA | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | | 0.00 | 0.00 |
| Total Income | 45,501.34 | 24,314.00 | 37,521.49 | 485,148.87 | 489,493.47 | 7,403,810.33 | 775,902.73 | 17,346.56 | 54,832.15 | 3,317,663.78 | 0.00 | 0.00 | 12,651,534.72 | 12,903,900.00 |
| EXPENSES | | | | | | | | | | | | | | |
| Administrative Expenses | | | | | | | | | | | | | | |
| Admin. Expense | 395.97 | 687.30 | 635.52 | 465.72 | 401.90 | 1,510.95 | 370.85 | 1,389.91 | 645.19 | 664.19 | | | 7,167.50 | 13,000.00 |
| Admin. Payroll | 19,919.99 | 17,344.22 | 17,344.23 | 20,136.56 | 17,773.76 | 26,654.07 | 18,885.69 | 18,570.95 | 18,535.15 | 18,535.25 | | | 193,699.87 | 232,000.00 |
| Board Health Insurance | 2,116.13 | 4,240.47 | 2,116.13 | 2,507.14 | 12,725.89 | 927.17 | 9,537.48 | 4,239.31 | 5,049.60 | 3,538.18 | | | 46,997.50 | 73,800.00 |
| Employee Health Insurance | 3,064.28 | 3,994.81 | 3,016.40 | 2,405.76 | 3,521.16 | 1,350.18 | 2,672.29 | 4,285.66 | 3,808.63 | 2,283.49 | | | 30,402.66 | 42,000.00 |
| Employee Retirement Benefit | 1,634.39 | 1,565.10 | 1,332.40 | 1,467.36 | 1,353.18 | 2,029.77 | 1,355.78 | 1,358.38 | 1,358.38 | 1,358.38 | | | 14,813.12 | 19,000.00 |
| Investment Fees | 0.00 | 0.00 | 6,977.05 | 0.00 | 3,750.00 | 6,996.09 | 0.00 | 3,750.00 | 0.00 | 6,991.20 | | | 28,464.34 | 48,000.00 |
| Office Supplies/Equip Maint | 2,000.18 | 12.97 | 1,862.77 | 647.46 | 1,398.03 | 456.17 | 211.82 | 302.49 | 598.26 | 423.07 | | | 7,913.22 | 8,000.00 |
| Accounting fees | 0.00 | 0.00 | 0.00 | 0.00 | 15,000.00 | 0.00 | 6,000.00 | 0.00 | 0.00 | 0.00 | | | 21,000.00 | 19,000.00 |
| Board Expense | 0.00 | 0.00 | 238.58 | 0.00 | 0.00 | 0.00 | 49.32 | 55.80 | 77.42 | 1,135.42 | | | 1,556.54 | 8,000.00 |
| Associations/Membership | 0.00 | 7,500.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 10,000.00 | | | 17,500.00 | 18,000.00 |
| Communications | 0.00 | 213.10 | 0.00 | 14,074.81 | 11,428.26 | 94.99 | 0.00 | 433.56 | 198.38 | 0.00 | | | 26,443.10 | 32,000.00 |
| Web Site/IT | 3,563.67 | 10,796.43 | 2,441.83 | 5,915.53 | 3,508.00 | 5,680.54 | 10,084.00 | 2,884.00 | 4,773.14 | 3,594.00 | | | 53,241.14 | 45,000.00 |
| Insurance/D&O | 25,090.00 | 4,483.00 | 0.00 | 0.00 | (1,000.00) | 0.00 | 0.00 | (1,000.00) | 0.00 | 0.00 | | | 27,573.00 | 22,000.00 |
| Election Fees | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | | 0.00 | - |
| LAFCO fees | 0.00 | 0.00 | 0.00 | 0.00 | 8,198.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | | 8,198.00 | 8,500.00 |
| Legal Fees | 5,000.00 | 2,575.29 | 1,935.75 | 1,318.50 | 1,417.50 | 897.75 | 1,417.50 | 968.00 | 1,604.00 | 2,673.00 | | | 19,807.29 | 20,000.00 |
| Bank Fees | 0.00 | 0.00 | 0.00 | 32.75 | 0.00 | 30.00 | 39.00 | 0.00 | 3.00 | 0.00 | | | 104.75 | 100.00 |
| Total Admin. Expenses | 62,784.61 | 53,412.69 | 37,900.66 | 48,971.59 | 79,475.68 | 46,627.68 | 50,623.73 | 37,238.06 | 36,651.15 | 51,196.18 | 0.00 | 0.00 | 504,882.03 | 608,400.00 |
| Pension Plan Expense | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 2,600,000.00 | 0.00 | 0.00 | 0.00 | 0.00 | | | 2,600,000.00 | 2,600,000.00 |
| Total Admin. With Pension Plan | 62,784.61 | 53,412.69 | 37,900.66 | 48,971.59 | 79,475.68 | 2,646,627.68 | 50,623.73 | 37,238.06 | 36,651.15 | 51,196.18 | 0.00 | 0.00 | 3,104,882.03 | 3,208,400.00 |
| Property Expenses | | | | | | | | | | | | | | |
| Maintenance | 2,068.23 | 1,385.10 | 1,319.73 | 2,070.30 | 1,400.00 | 1,701.32 | 1,373.68 | 1,488.00 | 1,306.96 | 1,718.38 | | | 15,831.70 | 30,000.00 |
| Utilities | 589.97 | 2,306.12 | 2,862.51 | 1,925.34 | 2,298.68 | 2,994.37 | 2,071.79 | 1,384.09 | 2,892.41 | 1,773.75 | | | 21,099.03 | 29,000.00 |
| Property Insurance | 1,616.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | | 1,616.00 | 2,000.00 |
| Depreciation | 6,940.33 | 6,940.33 | 6,940.33 | 6,940.33 | 6,940.33 | 6,940.33 | 6,940.33 | 6,940.33 | 6,940.33 | 6,940.33 | | | 69,403.30 | 70,000.00 |
| Total Property Expenses | 11,214.53 | 10,631.55 | 11,122.57 | 10,935.97 | 10,639.01 | 11,636.02 | 10,385.80 | 9,812.42 | 11,139.70 | 10,432.46 | 0.00 | 0.00 | 107,950.03 | 131,000.00 |

SEQUOIA HEALTHCARE DISTRICT
Income Statements

Agenda Item No.3.b
Board of Directors Meeting
6/1/16

| | July | August | September | October | November | December | January | February | March | April | May | June | Year to Date | Budget 15-16 |
|----------------------------------|---------------------|---------------------|---------------------|-------------------|---------------------|---------------------|-------------------|-----------------------|---------------------|---------------------|-------------|-------------|---------------------|----------------------|
| Grant Expenses | | | | | | | | | | | | | | |
| Grant Admin Expenses | 632.99 | 618.56 | 1,713.53 | 18,575.37 | 116.90 | 1,748.72 | 303.31 | 698.00 | 404.89 | 715.93 | | | 25,528.20 | 21,000.00 |
| Grant Admin Payroll | 6,569.70 | 5,872.63 | 5,872.62 | 6,503.27 | 5,967.42 | 8,872.97 | 6,290.87 | 6,160.00 | 6,160.00 | 6,160.01 | | | 64,429.49 | 79,000.00 |
| Children's Health Initiative | 0.00 | 0.00 | 0.00 | 0.00 | 600,000.00 | 0.00 | 0.00 | 600,000.00 | 0.00 | 0.00 | | | 1,200,000.00 | 1,200,000.00 |
| SFSU Nursing Program | 0.00 | 597,653.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | | 597,653.00 | 598,000.00 |
| Samaritan House Grant | 226,961.00 | 0.00 | 0.00 | 0.00 | 174,424.00 | 2,741.40 | 174,424.00 | 0.00 | 0.00 | 0.00 | | | 578,550.40 | 751,000.00 |
| Other Grants | 10,000.00 | 0.00 | 3,000.00 | 3,764.00 | 2,750.00 | 180.00 | 2,500.00 | 10,655.00 | 0.00 | 6,000.00 | | | 38,849.00 | 90,000.00 |
| San Mateo Medical Ctr. So County | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 234,500.00 | 0.00 | 0.00 | 0.00 | 0.00 | | | 234,500.00 | 470,000.00 |
| Ravenswood-Belle Haven Clinic | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 350,000.00 | 0.00 | 0.00 | | | 350,000.00 | 700,000.00 |
| Community Grants Program | 41,200.00 | (684.23) | 272.00 | 0.00 | 0.00 | 0.00 | 0.00 | 41,200.00 | 7,500.00 | 0.00 | | | 89,487.77 | 1,750,000.00 |
| Apple Tree Dental | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 250,000.00 | 0.00 | 0.00 | | | 250,000.00 | 500,000.00 |
| Mission Hospice | 0.00 | 0.00 | 500,000.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | | 500,000.00 | 500,000.00 |
| Total Grant Expenses | 285,363.69 | 603,459.96 | 510,858.15 | 28,842.64 | 783,258.32 | 248,043.09 | 183,518.18 | 1,258,713.00 | 14,064.89 | 12,875.94 | 0.00 | 0.00 | 3,928,997.86 | 6,659,000.00 |
| Program Expenses | | | | | | | | | | | | | | |
| Living Healthy | 0.00 | 1,359.46 | 3,519.71 | 5,777.62 | 823.31 | 9,273.82 | 386.05 | 769.34 | 1,957.10 | 4,614.37 | | | 28,480.78 | 58,000.00 |
| HeartSafe Admin Expense | 16,912.00 | 0.00 | 740.40 | 859.21 | 171.51 | 316.45 | 6,217.15 | 75.00 | 152.34 | 75.00 | | | 25,519.06 | 32,370.00 |
| HeartSafe Payroll | 5,168.72 | 4,668.51 | 4,668.52 | 4,668.51 | 4,668.52 | 7,002.69 | 4,986.12 | 4,887.64 | 4,808.31 | 4,808.17 | | | 50,335.71 | 62,630.00 |
| HeartSafe Training & Equipment | 0.00 | 60.63 | 1,805.08 | 49.02 | 92.50 | 0.00 | 253.09 | 0.00 | 0.00 | 1,019.63 | | | 3,279.95 | 66,000.00 |
| School Health Admin | 1,124.78 | 125.00 | 8,007.35 | 150.00 | 2,284.81 | 8,774.99 | 1,942.98 | 1,892.83 | 3,042.97 | 18,863.70 | | | 46,209.41 | 57,500.00 |
| School Health Payroll | 11,705.42 | 12,854.69 | 6,684.65 | 7,834.63 | 10,182.50 | 15,707.35 | 9,904.09 | 9,361.41 | 11,048.50 | 10,726.63 | | | 106,009.87 | 183,852.00 |
| School Health Grants | 343,893.29 | 0.00 | 8,254.00 | 237,484.07 | 24,394.17 | 24,394.17 | 171,472.83 | 762,988.15 | 188,503.78 | 163,537.46 | | | 1,924,921.92 | 2,981,608.00 |
| Total Program Expenses | 378,804.21 | 19,068.29 | 33,679.71 | 256,823.06 | 42,617.32 | 65,469.47 | 195,162.31 | 779,974.37 | 209,513.00 | 203,644.96 | 0.00 | 0.00 | 2,156,275.92 | 3,441,960.00 |
| Total Expenses | 738,167.04 | 686,572.49 | 593,561.09 | 345,573.26 | 915,990.33 | 2,971,776.26 | 439,690.02 | 2,085,737.85 | 271,368.74 | 278,149.54 | 0.00 | 0.00 | 9,298,105.84 | 13,440,360.00 |
| Net Surplus/Loss | (692,665.70) | (662,258.49) | (556,039.60) | 139,575.61 | (426,496.86) | 4,432,034.07 | 336,212.71 | (2,068,391.29) | (216,536.59) | 3,039,514.24 | 0.00 | 0.00 | 3,324,948.10 | (536,460.00) |

2015-16 Budget By Quarter

| | <u>1st Quarter Budget</u> | <u>Actual</u> | <u>2nd Quarter Budget</u> | <u>Actual</u> | <u>3rd Quarter Budget</u> | <u>Actual</u> | <u>4th Quarter Budget</u> | <u>Actual</u> |
|-------------------|-------------------------------|---------------|-------------------------------|---------------|-------------------------------|---------------|-------------------------------|---------------|
| Income | | | | | | | | |
| Rental | 11,000.00 | 11,400.00 | 22,000.00 | 22,955.00 | 33,000.00 | 34,506.00 | 46,200.00 | |
| Tax | 100,000.00 | 44,162.00 | 5,600,000.00 | 5,818,295.00 | 5,700,000.00 | 6,552,507.00 | 10,100,000.00 | |
| Investment Income | 40,000.00 | 50,370.00 | 60,000.00 | 42,211.00 | 90,000.00 | 142,678.00 | 150,000.00 | |
| Interest Income | 1,925.00 | 1,398.00 | 3,850.00 | 2,325.00 | 5,775.00 | 4,180.00 | 7,700.00 | |
| Pension | 0.00 | 0.00 | 2,600,000.00 | 2,600,000.00 | 2,600,000.00 | 2,600,000.00 | 2,600,000.00 | |
| Total | 152,925.00 | 107,330.00 | 8,285,850.00 | 8,485,786.00 | 8,428,775.00 | 9,333,871.00 | 12,903,900.00 | |
| Expense | | | | | | | | |
| Admin | 152,100.00 | 154,097.00 | 304,200.00 | 329,000.00 | 456,300.00 | 453,686.00 | 608,400.00 | |
| Property | 32,750.00 | 32,968.00 | 65,500.00 | 66,000.00 | 98,250.00 | 62,463.00 | 131,000.00 | |
| Pension | 0.00 | 0.00 | 2,600,000.00 | 2,600,000.00 | 2,600,000.00 | 2,600,000.00 | 2,600,000.00 | |
| Grants/Programs | 2,525,000.00 | 1,826,355.00 | 5,050,000.00 | 3,236,000.00 | 7,575,000.00 | 5,973,367.00 | 10,100,000.00 | |
| Total | 2,709,850.00 | 2,013,420.00 | 8,019,700.00 | 6,231,000.00 | 10,729,550.00 | 9,089,516.00 | 13,439,400.00 | |

CEO Report: June 2016 by Lee Michelson

1. Mission Hospice - they have served 44 hospice patients since October and are running an 85% occupancy rate. Thirteen of the 44 patients have been SHD residents or 30%. To-date they have raised \$2.8 million for the project not counting our \$1 million investment.
2. Apple Tree Dental - I visited two community programs recently, one at Hoover School in RWC and the other at Casa de Redwood. Additionally, a program was recently offered with the Mental Health Association.
3. Ravenswood – As mentioned in a previous email, they have secured a grant that will allow them to add nine new dental chairs to help them meet a huge demand for services including children. Ravenswood will need to raise an additional \$500,000 in addition to the grant. They are not ruling out even further expansion if a suitable location in RWC can be found.
4. Samaritan House – The food pharmacy is going very well and ahead of projections with 49 patients with diabetes participating and receiving food weekly including increased amounts of fresh fruits and vegetables. The dental sterilization project is on target and should be completed by the end of June. The mental health expansion has been slow due to difficulty in finding a proper therapist.
5. Healthy Living Workshops - A new set of classes is currently being offered in Belmont in partnership with Belmont Parks and Recreation and a new set of classes will begin in August at the San Carlos Adult Community Center. One of our instructors, Dori Sproul has resigned to take a full-time position.
6. Nursing Program - After further discussions they have decided not to pursue additional SHD funding but would like to discuss a possible scholarship program specific to District residents.

7. ACHD- Camarillo Healthcare District was selected as District of the Year at the recent annual conference. We thanked Beach Cities HCD for nominating us for this award.
8. Oral Health Coalition - A retreat will be held on June 9th to release the draft of the 2016 strategic plan. More than fifty community leaders have agreed to attend the retreat and provide feedback and final suggestions.
9. 70 Strong - Great progress is being made. PFS has entered into a contract with Purple Binder to develop the website. Four prospective companies are bidding for the marketing contract and key job position descriptions have been finalized. The goal is to start the staffing recruitment process by July 1st.
10. Sequoia Village is now the Village of San Mateo County to acknowledge their successful expansion northward. The Village has donated offices in RWC and has just hired their first part-time employee.

Pamela Kurtzman
Staff Report April- May 2016

Thank you for your approval of the Healthy Schools and Community grants programs. These programs will provide access to quality health programs for District residents of all ages and demographics and improve the health of individuals through a wide range of physical and mental health programs.

I. *Healthy Schools Initiative updates*

Jennifer Barrett resigned on May 4th after only 4 months of employment. Her vacation schedule and family commitments left her unavailable to work when she was most needed. She recognized this and resigned voluntarily. I will look for a replacement over the summer.

Wellness Coordinator oversight

- Our final quarterly Wellness Coordinator meeting of the year will take place on June 3rd where we will review our 2016-17 accomplishments and challenges and look toward 2016-17 major goals including social and emotional wellness and program evaluation. April and May highlights are provided separately.

HSI evaluation

- As previously reported, we contracted with Mindy Shelton to help provide support and guidance to our newer, smaller school districts to implement the School Health Index at their school sites. This resulted in a savings to the District of approximately \$11,000 from not having to compensate higher level contractors and I don't feel that the quality of the data collection is compromised. We are still looking to gather information in RWCS and SUHSD and are still in discussion with ASR, the Gardner Center, and two other potential consultants who came highly recommended. We will choose the best fit and begin data collection in the 2016-17 school year.

School-based mental health services

- We engaged in discussions with wellness coordinators and school district superintendents to better understand the ever-changing landscape of school mental health. In addition, we met with department leads from County Behavioral Health and Recovery Services to better understanding our community's mental health needs and to identify potential areas for collaboration. Discussions with County Behavioral Health will reconvene in July. We also met with Dr. Steve Adelsheim from Stanford to discuss a rapidly expanding adolescent mental health model initiated in Australia called *Headspace*. We are exploring the feasibility of the model, or similar model, locally.

School Nursing Services

- Kim Griffin and I have been meeting with school nurses and their administration over the past several weeks to better understand the school nursing challenges that appear to be worsening. Kim and I are looking to develop some long term, cost-efficient solutions.

Health Promotion Mini-Grants

- A total of 6 applications were funded this year, ranging from \$300 to \$1,500. Some promising programs came of these grants including a partnership with Fit-bit and the potential expansion of a classroom-based mindfulness program. Both have other funders interested in these programs as a result of SHD helping to pilot them this year.

SHD Helps Underwrite Mental Health Symposium

- On April 29, our grant partner, Acknowledge Alliance, in partnership with San Mateo County School Boards Association and San Mateo County Office of Education hosted their 3rd annual conference “Success in Schools; Making the Connection Between Mental Health and Academic Learning. Sequoia Healthcare District helped to underwrite the event which drew a standing room only crowd of school administrators, counselors, nurses, teachers, and school Wellness Coordinators among others. The event was highly informational and engaging. We appreciate our partners for bringing this issue into the spotlight and to the speakers who shared their vast knowledge.

HSI parent newsletter

- San Carlos and Belmont each sent out their final quarterly edition of the newsletter for the school year which you may view on our website.

HSI School-based grants and subcontracted programs

- Final reports for the 2015-16 school grants are due June 10th. I will provide a summary of these reports at the August Board meeting.
- 2016-17 grantees have been notified of their approval and grant agreements and Scope of Work Change Forms have been mailed for signatures. Checks will be distributed at our Open House Event on June 23rd.
- Applied Survey Research will provide training again this year to first-time grantees on data collection and outcomes reporting. Healthy Schools has 4 first-time grantees who will participate in this training.

PE+

- I have finalized our 2016-17 program assumptions and budget and am now preparing the agreements. The summer PE+ program, in partnership with Redwood City Parks and Rec and PAL, will launch on June 18. Last summer’s program was very successful and served over 600 kids from RWC and the surrounding cities.

- We are excited launch the PE+ Water Safety Program with our partners at PCC! Our partners are visiting the Desert HD program this week, after which the PE+ model is based. I will keep you up to date as the program progresses.

II. *Caring Community Grants 2016*

- Final Reports were received from our 2015-16 grantees on May 13. I am in the process of reviewing them and following up with grantees when necessary. A summary of these outcomes will be shared with the Board in mid-June.
- 2016-17 CC grantees have also been notified of their approval and grant agreements and Scope of Work Change Forms were mailed for signatures. Checks will be distributed at our Open House Event on June 23rd.
- Applied Survey Research will provide has 9 first-time CC grantees who will participate in evaluation training.

III. *Healthy Kids*

- On Monday, May 16, health insurance for all children became a reality across California! The Health Plan of San Mateo has already enrolled 95% of the county's eligible Healthy Kids participants to obtain full-scope Medi-Cal! At this time, no further funding needs have been specifically identified related to the Healthy Kids Initiative. The County of San Mateo is grateful to the SHD Board for your generous support throughout the years.

IV. *Committee Meetings and Events*

- Attended Northern California's State of Reform Health Policy Conference in Sacramento on April 6. The conference focused on bridging the gap between health care policy and politics, particularly in California. I came away with increased knowledge of the areas of greatest concern and came up with an innovative idea for how SHD can be a partner and leader in bridging the divide in our own region. More on this idea to come!
- Attended the School-based Health Centers Conference in Sacramento On May 6, along with Wellness Coordinators from Belmont, San, Carlos, Redwood City, and Sequoia Union school Districts. Much of the focus was on school-based mental health services and social-emotional programming. We came away with some great ideas to further explore!

- Home Town Days

This year, Sequoia Healthcare District partnered with the City of San Carlos and San Carlos School District on Home Town Days, an annual two day community event that includes a fun run, parade, and pancake breakfast. We added a “Wellness Wing” and offered free wellness activities that showcased the Healthy Schools Initiative and Sequoia Healthcare District. We had over 50 volunteers, including student nurses, specifically giving their time and energy at the Bike Blenders, Field Games, Health Screenings, Sugar Savvy Nutrition, CPR, and Basketball booths. More than 10,000 people attended the event!



HeartSafe Program

Activity Summary for April and May 2016

HeartSafe Region Task Force Meetings

Attend and participate in regional planning and support.

AED / CPR Trainings – Over 750 persons trained!

- Belmont First Congregational Church (2)
- Carlmont High School Freshmen
- Girl Scouts (2)
- Central School staff (2)
- Belmont Recreational Center
- Kiwanis Club of RWC
- Carlmont Parents Nursery School
- Family & Friends classes here (4)
- Boy Scouts and Scout leaders
- Menlo Park Fire (3)

AED / CPR Scheduled Trainings

- San Carlos Hometown Days (2)
- SHCD Classroom Sessions
(June 4 & 7; July 1 & 12)

Can you believe it? Yet another SHCD save!

I am pleased to again report another SHCD / HeartSafe Program save! In a recent Family & Friends class in our classroom, a gentleman came up to me after the training and told me that his wife had attended our F & F class a month earlier. He proceeded to tell me that a couple of weeks after she attended the training, she noticed their 10-month old baby was turning purple and was choking on a grape. She immediately picked up the child and delivered back-blows and chest compressions to the baby which forced the obstruction out of the baby's airway and allowed the baby to again breathe normally.

Family & Friends Photographs









Mark Church

Chief Elections Officer & Assessor-County Clerk-Recorder

40 Tower Road
 San Mateo, CA 94402-4035
 phone 650.312.5222 fax 650.312.5348
 email registrar@smcare.org
 web www.shapethefuture.org

April 29, 2016

Arthur Faro, President
 Sequoia Healthcare District
 525 Veterans Blvd.
 Redwood City, CA 94063

RE: November 8, 2016 Presidential General Election

Dear President Faro:

The November 8, 2016 Presidential General Election is rapidly approaching and I would like to advise you of some district responsibilities related to this election. State law requires each Special District to provide the following information to the election officer by July 6, 2016 (125 days prior to the election). (*EC §§10522, 10509, 13307*)

- Map showing the District's boundaries effective for the election.
- Elective offices to be filled, specifying which offices, if any, are for the balance of an unexpired term.
- Statement indicating if any officer(s) is running for an at-large seat.
- Policy statement determining whether a candidate's statement will be limited to 200 or 400 words.
- Policy statement as to whether the candidate or the district will pay for the candidate's statement.

Enclosed are two forms, the Candidate Policy Form and Administrative Contact & Incumbent List Form, which upon completion and return will fulfill all of these obligations except the map. Please mail or deliver them no later than July 8, 2016 to:

Registration & Elections Division
 Attn: Michael Lui, Candidate Filing Officer
 40 Tower Road
 San Mateo, CA 94402

The Candidate Filing period for the November 8, 2016 Presidential General Election will open on July 18 and close on August 12, 2016. We have developed a Candidate Guide and a Candidate Seminar to help candidates understand their responsibilities and the resources available to them. Candidates may attend one of the two candidate seminars, which will be held on Wednesday, July 13 at 2:00 p.m. and Thursday, July 21 at 10:00 a.m. at 40 Tower Road, San Mateo.

Thank you in advance for your prompt attention to this matter. If you have any questions, please do not hesitate to contact Michael at 650.312.5238 or mlui@smcare.org.

Sincerely,

Mark Church

Enclosures: Candidate Policy Form, Administrative Contact and Incumbent List Form

SEQUOIA HEALTHCARE DISTRICT
County of San Mateo, State of California
RESOLUTION 16-1
RESOLUTION DETERMINING DATE AND ADOPTING PROVISIONS
FOR THE 2016 SEQUOIA HEALTHCARE DISTRICT GENERAL ELECTION

WHEREAS, the terms of two (2) members of the Board of Directors of Sequoia Healthcare District expire at noon, local time, on the first Friday in December of 2016, i.e., on Friday, December 2, 2016 (Elections Code §§10505 and 10554);

WHEREAS, the two directors whose terms are expiring are Kathleen Kane and Kim Griffin; and

WHEREAS, the Chief Elections Officer for the County of San Mateo has notified Sequoia Healthcare District (“District”) of certain legal requirements applicable to the District with respect to the General Election to be held on November 8, 2016;

NOW, THEREFORE, BE IT HEREBY RESOLVED that:

1. The Sequoia Healthcare District General Election shall be held on November 8, 2016.
2. At the election, successors shall be chosen for the two (2) offices of Director, Sequoia Healthcare District, for four (4) year terms.
3. Pursuant to Elections Code §10522, the secretary of the District shall cause to be delivered to the elections official of San Mateo County a map showing the District’s boundaries effective for the election, along with a statement indicating that directors are to be elected at large and not by division.
4. Each candidate's statement, if any, shall not exceed 200 words.
5. The cost of the candidate’s statement shall be charged to the candidate.
6. According to the District’s Conflict of Interest Code, there is no requirement for a candidate to file Form 700 (Statement of Economic Interests) by the date of filing the Declaration of Candidacy.
7. The County Chief Elections Official of San Mateo County is hereby requested and authorized to perform any and all duties of the District Secretary relating to such election, under the authority of Elections Code §10519 (formerly §23523.7), including publishing of such notices as required by law.

8. Pursuant to Election Code §10403 (formerly §23302), consolidation of the Sequoia Healthcare District General Election with the Statewide General Election on November 8, 2016, is hereby requested. The District acknowledges that the consolidated election will be held and conducted in the manner prescribed in Elections Code §10418.

9. A copy of this Resolution shall be delivered to the Office of the Chief Elections Officer of San Mateo County on or before June 30, 2016.

PASSED AND ADOPTED by the Board of Directors of Sequoia Healthcare District this 1st day of June, 2016, by the following vote.

AYES: _____
NOES: _____
ABSENT: _____

Kimberly Griffin
Secretary, Board of Directors

ATTEST:

Clerk, Board of Directors

May 20th 2016

Dear Sequoia Health Care District Board Members,

We are pleased to report out on San Mateo Medical Center's progress on the two projects funded by the Sequoia Health Care District.

Care Transitions Program: The partnership with Sequoia Hospital to mentor San Mateo Medical Center has continued to guide SMMC's establishment of our Care Transitions Program. We are very grateful for their continued support and guidance. In November, we offered the Care Transitions Program Manager position to Irina Kaplan RN and she accepted and started with us in January 2016. Irina has worked for 10 years in the for profit home health care industry. She has also worked with the Medi-Cal population. She has worked in patient homes and also has experience supervising licensed and unlicensed staff. Prior to accepting the position, Irina had been working for the Health Plan of San Mateo and as a result is closely familiar with provider based resources in San Mateo County. During the past 5 months, Irina has been working to get the SMMC Care Transitions program up and running. She has recruited and hired one full time FTE RN and one half time FTE RN for the program. Both started this month. Irina has also been actively working with local partners to establish the network of services that will be provided to SHCD patients once discharged from SMMC. We have scheduled our Coleman Coaching training for July and are beginning the pre-work required for the training. We anticipate being able to start seeing patients by the end of June 2016 and this is in line with our original projected timeline.

Fair Oaks Health Center Based Ron Robinson Senior Care Center: The Fair Oaks based Ron Robinson Senior Care Center Clinic was established in August 2015. The care team is led by Dr. Allen Tong. Dr. Tong is a board certified internist and recent graduate of the UCSF Geriatrics Fellowship program board eligible in geriatric medicine. We have also hired the Ambulatory Care Nurse, Social worker and Patient Services assistant for Dr. Tong's care team. To date, Dr. Tong and his care team have conducted 156 clinic visits at the Fair Oaks based Ron Robinson Senior Care Clinic. In addition, they have conducted 25 home visits.

We are extremely grateful for the Sequoia Health Care District's support for these two essential programs serving patients residing in your district. Please let me know if we can provide you with any additional information.

Kind Regards,



Chester J. Kunnappilly, MD
Interim CEO
San Mateo Medical Center



Healthier Play for Everyone

THE HEALTH & WELLNESS BENEFITS OF OUTDOOR PLAY



There has never been a more important time for families, healthcare professionals and educators to make outdoor play a priority for everyone in the community. It is one of the best things that we can do for the health and well-being of every citizen.

Magical Bridge Playground, located in the heart of Silicon Valley, is heralded as the nation's most innovative and inclusive playground, designed so everyone can play together. Since opening to the public in April 2015, this remarkable playground attracts visitors from around the world.

Investing in the health and well being of a community

Play in the United States over the last century has gone from being almost exclusively an outdoor activity to one that is often situated indoors in front of televisions and computers. Children are spending increasingly less time playing outdoors. Research shows that children who play outdoors regularly are happier, healthier, and stronger — and this leads to happier, healthier, and stronger adults.

Magical Bridge Foundation is dedicated to providing inspiring play experiences that improve the physical, social, emotional and mental health of everyone in the community, including our youth, our aging population, the most vulnerable, and the disabled. At Magical Bridge, everyone can experience the benefits of outdoor play, which:

- Increases physical activity
- Improves cardiovascular and gross motor skills
- Promotes increased blood flow to the brain, leading to cognitive development
- Improves concentration
- Nurtures self discipline
- Reduces symptoms of ADHD and ADD
- Improves and teaches vocabulary
- Enhances negotiation skills
- Reduces anxiety and improving mood
- Improves concentration and focus
- Enhances imaginative and creative play
- Promotes problem solving
- Develops stronger immune systems
- Builds self-esteem and confidence

Outdoor play provides rich and diverse learning opportunities that lead to success and self esteem. It influences thinking, reasoning, and brain development. A child's first classroom, the playground teaches the signals needed for successful interaction with others, develops language and manipulative skills, and leads to enhanced means of discovery and creativity. Designed for everyone, a Magical Bridge Playground gives everybody in the community the opportunity to experience the profound benefits of play as never before.

The Magic of a Magical Bridge Playground

SWINGING

Swinging is one of the most critical ways to develop a sense of balance — the motion creates vestibular stimulation, activating the inner fluids in our ear canal which are critical to maintaining body posture and equilibrium. Swinging can be serious therapy for people with various autism spectrum disorders as it helps to process the stimuli from our senses. Swinging restores balance to the vestibular system, provides proprioceptive input (deep pressure), and creates a feeling of being “in balance.” The motion also soothes, relaxes and increases concentration.

SPINNING

Rotary vestibular input, caused from spinning, is the most powerful form of sensory input that the brain can process. Just 15 minutes of vestibular input can have a 6-8 hour impact on the brain. Because of this, spinning needs to be controlled, supervised, and monitored for those who have sensory differences. The equipment at Magical Bridge Playground enables visitors to spin in prone extension (on tummy) to help the brain learn to register the feeling of rotary input.

SLIDING AND CLIMBING

Sliding and climbing activates our vestibular systems, which contribute to our sense of balance and spatial orientation. Vestibular input coordinates movement of our eyes, head and body, which affects our body's balance, muscle tone, visual-spatial perception, auditory-language perception and emotional security. Since this input is how we balance and move, all children require it for growth and development. At Magical Bridge Playground, children of varying abilities can climb, slide and the enjoy the feeling of being high above the ground. All of our slides have top transfer decks for wheelchair users.

KINDNESS CORNER

The heart of Magical Bridge Playground, the Kindness Corner is a gathering place for reflection, compassion and education. Magical Bridge offers a dedicated section of the playground to help spark conversations and lessons about making friends with someone who is “different”, model positive behavior, encourage kids to be up-standers, and address the issues of bullying.

Partnering to build stronger, healthier communities

Sedentary lifestyles have become the norm in the United States, with children spending more time in front of the screen than reading books, playing outside or engaging in extracurricular activities. Spending LESS time playing outdoors is linked to:

- Obesity
- Depression
- Type II diabetes
- High blood pressure
- High cholesterol
- Anxiety disorders
- Attention Deficit Disorder (ADD)
- Drug abuse and smoking
- Bullying
- Low self esteem
- Stress

Not just for children, regular exercise and play for the aging population helps to:

- Prevent falls and fractures
- Improve coordination and balance
- Reduce the risk of strokes, heart disease, and some cancers
- Lessen cognitive decline
- Control obesity, diabetes, and high blood pressure

Magical Bridge provides extraordinary family-centered recreation accessible to the entire community. We are pleased to work closely with a diverse set of community organizations and local nonprofits to ensure the continued improvement of the health of communities everywhere.



The 24-string laser harp, designed by Jen Levin, is featured in our Music Zone at Mitchell Park in Palo Alto, CA. Children and adults of all abilities gather under the arch to magically create an orchestra of sounds.



The slides in our Slide Zone are designed for two, enabling children and adults of all abilities to experience the joy of sliding. Wheelchair users cross a gentle sway bridge from the top of our two-story playhouse to join their friends at the top of the slide mound.

A meaningful and sustainable investment in community

The opportunity for play helps maintain physical, emotional, psychological, and social well being for us all. By giving children with and without disabilities a chance to play together, inclusive spaces serve as joyful incubator of a more tolerant and kind society, in which children with disabilities can participate equally and enjoy equal opportunities to flourish.

Magical Bridge Playground encourages positive relationships between children and adults, and reinforces tolerance of diversity and acceptance of others' perspectives. When you design for true inclusion, no one stands out, and everyone can play.

Inclusive play develops a true understanding of the world, encourages appreciation of the differences between people, and more importantly, recognizes the similarities that underlie them.

MUSIC

Scientists have found that music stimulates more parts of the brain than any other human function. In children, it motivates interaction, facilitates socialization and improves social skills. The brain processes music in a different area than speech and language, therefore, for those who have difficulty communicating verbally, music provides a way to express themselves in a non-verbal and non-threatening manner. Visitors to Magical Bridge Playground create their own music with a 24-string laser harp, designed by artist Jen Levin.

PRETEND PLAY

There is no better way to explore and develop important life skills than through pretend-play inside a playhouse designed for all, or acting out a skit on an inviting play stage. Audiences at Magical Bridge gather at the stage for impromptu performances or for those planned and organized by community members. Through pretend-play, children learn about relationships with peers, significant adults, and the world around them. They experience the full range of their senses and feelings, how their bodies move through space, and how their imaginations can create alternate worlds of existence.

Since 1987, Barbara Butler Artist-BUILDER, Inc. has created over 600 unique play structures using all natural redwood and non-toxic tung oil wood stains — and their first wheelchair-accessible, two-story playhouse was designed and built especially for Magical Bridge. Our playhouse, including the upper story, is fully accessible for everyone via carefully considered ramps and bridges. Full of artful details and surprises in every corner, the Playhouse is a wonderful meeting place for everyone in the community.



Aligning with Community Health Initiatives

There is no question that creating inclusive play spaces is morally right, and studies have shown that building a caring, healthy and accepting community benefits everyone. At Magical Bridge, we feel a playground is the perfect place to start.

Designing outdoor play for everyone

Children with special needs have special challenges, and only 10% of those with disabilities are physically affected; autism, sensory challenges, cognitive and developmental issues, and many other differences make up the other 90%. Getting *all* children outdoors for playtime offers excellent physical, mental, and social benefits:

Physical Benefits

Playing outside, whether it's directed play or independent play, offers significant physical benefits to children with special needs including improvements in flexibility, muscle strength, and coordination. Getting active outdoors also helps to improve cardiovascular health and exercise endurance, which may help increase life expectancy. Regular outdoor play also helps children to improve body awareness, motor skills, and balance. Being out in the sun also provides children with vitamin D, and since many children with disabilities suffer from vitamin D deficiencies, regular exposure to the sun can be helpful.

Mental Benefits

Outdoor play provides special needs children with mental benefits, most especially, a boost in self-esteem. As children overcome obstacles and improve physical skills, it increases their self-confidence. They have the chance to experience personal satisfaction and accomplishment, which can improve their confidence in every area of life. Playing outdoors can also increase attention span. Kids learn to solve problems and collaborate when playing outdoors, building important mental skills. Outdoor play helps reduce stress, reducing a child's risk for stress related issues, such as anxiety and depression.

Social Benefits

Children with special needs often have problems with social skills, and the social benefits of outdoor play can help address some of these problems. Playing outdoors often results in improved behavior, making it easier for children to build friendships with others. On the playground, children learn how to share, how to deal with conflict, and how to work in groups, all while having fun in a low-stress, outdoor environment. Outdoor play helps children overcome challenges and learn new skills, which promotes self-advocacy, resiliency, and self-confidence giving them the potential to build healthier relationships with others.



It all starts on the playground!

Our Mission

Magical Bridge Foundation ignites and supports the global movement that advocates for and achieves a new foundation for truly inclusive play.

www.magicalbridge.org



We are currently seeking partners to help fund Magical Bridge Playgrounds in targeted communities. Please contact us for partnership opportunities.

Jill Asher
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650-380-1557
olenka@magicalbridge.org

Introduction to 2016-17 Budget

Income:

We have budgeted \$900,000 in additional tax income over 2015-16 as well as an additional \$1.2 million in pension income. We did not budget for an EBIDA share.

Expenses:

Overall administrative expenses are budgeted only slightly higher than last year however we have added \$150,000 for election expenses. The property expenses are about the same but grant/program expenses have been increased by \$900,000 to match increased tax income and to meet our policy of spending 100% of current tax income on current grants and programs. Included in grants/programs is \$500,000 for Mission Hospice which would be the second of two payments on our pledge to fund a hospice house in our region. Also included is \$813,000 for 70 Strong and an additional \$1.2 million in pension expense.

Net:

The budget calls for spending a bit north of \$700,000 more than income with the funds needed to cover the shortfall coming from reserves.

Sequoia Healthcare District

Agenda Item 5.d
Board Meeting
6/1/16

| | | Approved Budget 2015-2016 | Draft Budget 2016-2017 |
|--------------------------------------|------|------------------------------|---------------------------|
| Rental Income | (1) | \$ 46,200 | \$ 48,048 |
| Tax Revenue | (2) | 10,100,000 | 11,000,000 |
| Investment Income | | 150,000 | 150,000 |
| Interest Income | | 7,700 | 7,700 |
| Pension Income | (3) | 2,600,000 | 3,800,000 |
| Return on Investment SQ Hospital | (4) | - | - |
| Total Revenues | | \$ 12,903,900 | \$ 15,005,748 |
| EXPENSES | | | |
| Administrative Expenses | | | |
| Admin. Expense | (5) | 245,000 | 252,000 |
| Board Health Insurance | (6) | 73,800 | 68,000 |
| Employee Health Insurance | (6) | 42,000 | 40,000 |
| Employee Retirement Benefit | (7) | 19,000 | 21,000 |
| Investment Fees | | 48,000 | 46,000 |
| Office Supplies/Equip Maint | | 8,000 | 11,000 |
| Accounting fees | | 19,000 | 21,000 |
| Board Expense | | 8,000 | 6,500 |
| Association/Membership Fees | | 18,000 | 18,000 |
| Communications | (8) | 32,000 | 30,000 |
| Web Site/IT | (9) | 45,000 | 66,000 |
| Insurance/D&O/Liability/WC | | 22,000 | 29,000 |
| Election Fees | (10) | - | 150,000 |
| LAFCO fees | | 8,500 | 8,500 |
| Legal Fees | | 20,000 | 25,000 |
| Bank Fees | | 100 | 100 |
| Total Administrative Expenses | | \$ 608,400 | \$ 792,100 |
| Pension Expense | | | |
| Pension Plan Expense | (11) | 2,600,000 | 3,800,000 |
| PROPERTY EXPENSES | | | |
| Maintenance | | 30,000 | 22,500 |
| Utilities | | 29,000 | 30,000 |
| Insurance/Property | | 2,000 | 2,000 |
| Depreciation | | 70,000 | 73,000 |
| Total Property Expenses | | \$ 131,000 | \$ 127,500 |
| Grant Expenses | | | |
| Grant Admin Expenses | (12) | 100,000 | 125,000 |
| Children's Health Initiative | (13) | 1,200,000 | - |
| SFSU Nursing Program | (14) | 598,000 | 613,000 |
| Samaritan House Clinic | (15) | 751,000 | 683,000 |
| Other Grants | | 90,000 | 90,000 |
| San Mateo Medical Center | (16) | 470,000 | 537,000 |
| Ravenswood-Fairoaks Health Ctr | | 700,000 | 700,000 |
| Community Grants Program | (17) | 1,750,000 | 2,100,000 |
| Mission Hospice | (18) | 500,000 | 500,000 |
| Sequoia 70 | (19) | - | 813,000 |
| Oral Health Coalition | (20) | - | 50,000 |
| TBD Program or Grant Expense | (21) | - | 1,100,510 |
| Total Grant Expenses | | \$ 6,159,000 | \$ 7,311,510 |
| Program Expenses | | | |
| Living Healthy | | 58,000 | 58,000 |
| HeartSafe Program | (22) | 161,000 | 134,000 |
| School Health Program | (23) | 3,222,000 | 3,496,490 |
| Total Program Expenses | | \$ 3,441,000 | \$ 3,688,490 |
| Total Expenses | | \$ 12,939,400 | \$ 15,719,600 |
| Net Surplus/Loss** | | \$ (35,500) | \$ (713,852) |

**Funds will be transferred from District Reserves to cover deficit.

**Sequoia Healthcare District
Budget for Fiscal Year Ending 6/30/2017
Assumptions**

Revenue Assumptions

- 1 Rental Income - Year Seven of seven year tenant lease for 1,507 SF office space, 525 Veterans Blvd.
- 2 Tax revenue projected to increase by \$900,000.
- 3 Pension Income (and Expense) are pass-through items based on current projections
- 4 Return on Investment from Sequoia Hospital based on most recent Hospital projections

Expense Assumptions

- 5 Administration Expense primarily covers 80% salary expense of CEO, 100% salary expense of Exec. Coordinator, payroll service expense and conference expenses
- 6 Employee Health Insurance benefit includes inlieu payments for two District staff members.
- 7 Employee Retirement Benefit is staff employee 401K contribution match
- 8 Communications expense is primarily production and mailing costs of annual report to the community
- 9 Web site/IT based on current expense
- 10 Estimated cost for District's November election
- 11 Pension Expense (and Income) are pass-through items based on current projections

Grants

- 12 Grants Administration primarily covers inhouse grant processing; 20% of CEO & 35% of Program Director salary expense
- 13 District's commitment to CHI has ended
- 14 SFSU Nursing grant increased by \$15,000 in final year of MOU
- 15 Samaritan House year two of three year grant
- 16 San Mateo Medical Center Year Two of three year grants
- 17 Community Grants Program increased by \$350,000
- 18 Mission Hospice final payment of \$1 million grant approved June 2014
- 19 Sequoia 70 Year One of two year grant
- 20 Oral Health Coalition Grant Year One of two year grant
- 21 To Be Determined program/grant expense of \$1,100,510

Programs

- 22 HeartSafe program decrease is part of 3-year budget approved December 2013
- 23 School Health Initiative budget increase over prior year due to additional funding for Wellness Coordinator positions and expanded PE+ program